



Journey of Discovery with Archie Pre-Session Tips!

Thank you for scheduling a Journey of Discovery with Archie session! Archie and I greatly look forward to our experience together. The following pages give tips and suggestions on ways you can prepare for your session, so that you may deeply and fully receive Archie's vast love, profound healing, and wise counsel.

How does the session work?

- **We will connect via Zoom videoconferencing** for this session.
Zoom is accessible via computer, tablet, smartphone, and telephone.
Click on this Zoom link to join me for your Archie session: <https://www.zoom.us/j/5520516588>
If you're new to Zoom, this link takes you to our web page that describes everything you need to know: <http://www.dolphinheartworld.com/zoom.htm>
- **If you'd prefer, we can do the session by phone**, using the freeconferencecall.com service to record the call.
[Email me](#) if you'd prefer to do the session by phone.
Phone instructions: call this phone number: **1-712-770-5581** (Country Code 001 if you're outside the US). Then enter the access code: **754892 #**.
If you have any trouble connecting, you can e-mail me, or call or text me directly on my cell phone: **928-274-6423**.
- Archie recommends that you come into the session with some **written notes**, for example:
 - What questions do you want to ask Archie?*
 - What specific issues or challenges in your life do you want help with?*
 - What outcomes would be exciting for you to receive from this session?*

- **When our call begins, you and I will talk briefly to connect our energies, and then I'll go into trance and Archie will come through.** He usually comes through with tones first, and then words.
- **Every session is different.** Some sessions are mostly talking, others are mostly healing energy. Archie will guide the session for what you most need in this moment.
- **At the end of the session, Archie will say goodbye, and then I (David) will come back in.** Please stay on the line until I return, so I can also say goodbye!
Occasionally there's a session where you go very deep, and Archie recommends at the end that you rest and continue integrating the healing, rather than trying to talk – he'll just have you hang up the phone. If that happens, please send me an email when you can and let me know how you're doing.
- A day or two after the call, **I'll email you a link to download the audio recording of your session.** You can listen again whenever you like.
If there were long silent healing periods during your call, I'll edit those out of the recording, so each silent period is only 15 seconds or so. If you're listening to a recording and you want to re-receive Archie's healing energy, just pause the recording when the transmission starts, open to receive, and then you can continue listening whenever you feel complete with the energy. This is much easier than having to wait or fast-forward to find the next section where talking begins.
I often hear from podmates that they get great benefits from listening to their session recording. They hear and absorb things Archie said that they didn't fully absorb the first time around.

How can I maximize my session experience?

Create a calm, peaceful, and nurturing space for your session, somewhere you can be comfortable and undisturbed. At some point during your session there will be one or more energy transmissions, and for those you'll want to be able to sit back or lie down in a relaxed and comfortable position.

If possible, we highly recommend the use of a telephone headset or speakerphone, so you're not holding the phone to your ear during the session. This makes it much easier to relax and receive!

Thank you for choosing to experience a Journey of Discovery with Archie session! Archie and I greatly enjoy the opportunity to be of service to you in this way.



In Dolphin Love and Joy!

David Rosenthal

Dolphin Ambassador

C.O.O.L.J - Chief Operating Officer of Love and Joy!

Dolphin Heart World, Inc.

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