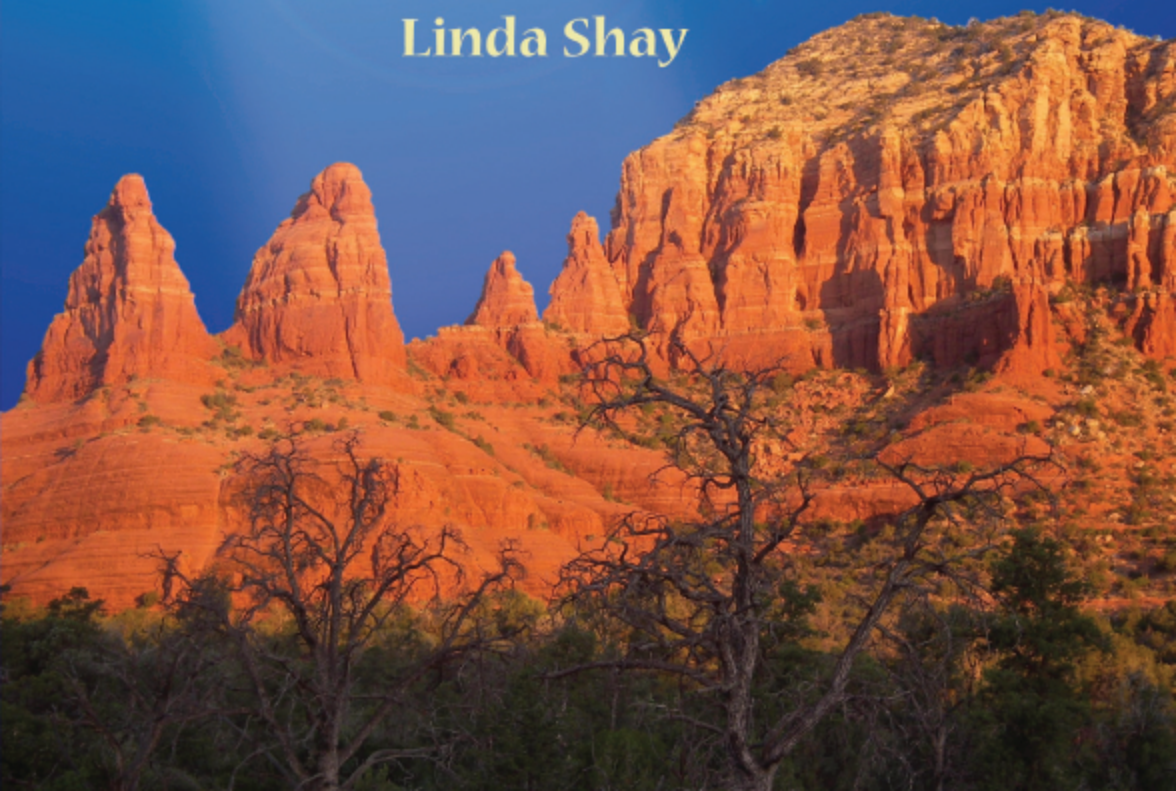


Dolphin Love ... ***From Sea to Land***

My Interdimensional Journey to my Heart,
With the Dolphins by my Side



Linda Shay



Readers Respond to *Dolphin Love ... From Sea to Land*

I'm still enjoying your book and it's the neatest thing, I feel the beautiful dolphins all around me while I read!! ~ Ann A., Arizona



When I read your book, I was also reading two other spiritual adventure stories about alternate worlds and realities. When I put those books down, I returned to my normal life. When I put your book down, I was altered. And so was my world. For the better! I get the feeling you are guiding me away from mere rational comprehension, toward experiencing the deeper mystery. You tantalize the reader with life filled with spiritual adventure. You shift our focus into life that is totally and joyfully immersed in spiritual purpose. Reading this, I feel inspired, and challenged.
~ Michael Eason, Arizona



I put your book down once, then I could not put it down again until the end. Linda, I received a healing while reading your book. I felt waves of energy tingling through my body from head to toe. This occurred several more times as I continued to read. Your book was a serendipitous experience!
~ Brenda K., Arizona



WOW. I am really awe-struck; not just by the depth and vastness of your own journey, but by how you have written about it. Completely you, completely entertaining, and yet full of silence, authenticity, and love.
~ Cynthia C., Hawaii



I just want to say once again, how much I enjoyed your book. I absolutely loved your conversations with Keiko, and it was so interesting to see how similar they were to mine and other communicators.' You are an excellent communicator! This is information and experience that needs to be out there. And I am so glad that you are doing this. ~ Mary Getten, Animal Communicator; author of *Communicating with Orcas: The Whales' Perspective*



I finished reading your book last night. What a story! I really enjoyed it and didn't want it to end. Your book opened up a whole new world to me. There's so much I didn't realize about the dolphins and the ocean. It really has helped me with exploring my own dolphin connection. ~ Emily



Been reading your book ... it is so wonderful. I feel like I am on the awakening journey with you! ~ Pamela B., Florida



Your book, your sharing, felt like a personal gift from the dolphins to me. As I began reading your book, the tears began to flow opening me up to all the sadness I have been holding since leaving my beloved water and dolphins, the one place I feel is home and where I belong. Your story, so simple, so beautiful, reminded me of the real message of the dolphins: that we are not meant to be loners. We must learn to live in pods also ... human pods that love and touch and support and dance and play together. My heart longs for this and now, perhaps, I can allow for this in my life. It is time! ~ Sariah M.

Dolphin Love ... ***From Sea to Land***

My Interdimensional Journey to my Heart,
with the Dolphins by my Side



A True Story of Dolphin Consciousness,
Dolphin Energy Healing,
and Joy

Linda Shay



Dolphin Energy Healing

And so my life as a dolphin ambassador, and a dolphin energy healer, began. The dolphins immediately took the lead in helping me create a brand new life—a brand new livelihood. They masterfully choreographed my daily experiences, in the desert of Sedona, leading me into a wide variety of human interactions that were ripe opportunities to share.

I didn't have to "do" much. I simply remained open, went about my business, and when an opportunity arose to share about the dolphins, I shared. When I felt prompted to offer the gift of a dolphin energy healing, I offered the gift. That was all I had to "do." The dolphins took care of everything else.

Granted, I often had to step outside of my comfort zone, because nobody had ever heard of dolphin energy healing before. I never knew how someone would react. Time after time, I watched people open up right before my eyes and become genuinely curious and interested. They drew my story out of me. I found myself talking about dolphin energy healing in a different way with each person. The dolphins guided me to describe my work in a way that each specific person could hear, understand, and be touched by.

Over the following years, I shared the beautiful healing frequencies of the dolphins with anyone who was willing to receive—sometimes in the form of a session,

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and sometimes in the form of a casual conversation. I observed, and learned, so much by simply following my instincts and intuition, and speaking up when I was nudged.

Many people feel deeply attracted to dolphins, and sense that the dolphins have a gift for them. But not everyone has the means or opportunity to swim with dolphins physically. By activating people like me to transmit dolphin energy on land, the dolphins expand their capacity to touch people.

The dolphins particularly enjoy a tangible presence in Sedona—the desert. Their work through me is a clear demonstration that their healing abilities transcend the limitations of space and physicality.

I facilitate dolphin energy healing sessions both in-person and remotely. The remote sessions are as powerful, and often even more powerful, than in-person sessions, further demonstrating that dolphin energy completely transcends physicality.

In my sessions, I act as a bridge between my client and the dolphins. At the beginning of each session, I invite my client to express what she would like to receive. “What issue is present in your life that you’d like support with, or clarity about? Are there physical symptoms you’d like to have addressed? Emotional issues? Relationship issues? Life circumstances?” Sometimes people come with very specific issues. Others come just because they love dolphins and they’re curious about this unique form of energy healing. They are open to whatever comes and trust that the dolphins will bring them what they most need to receive in the moment.

When clients come for an in-person session, they lie on my massage table, and I transmit the dolphin energy hands on. When I do a remote session, we initiate the session on the phone. My client shares her intentions for the session. Then it’s up to her whether we hang up for the rest of the session or stay on the phone. It depends on what she’s most comfortable with. Either way, my client sits or lies down in a place that’s comfortable and free of distractions. All she needs to do is relax and receive.

To begin the session, I close my eyes and enter into the silence and stillness. I have no attachment to the outcome of the session, and I do not manage or ma-

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nipulate the energies in any way. I simply open myself to the dolphins. I am in a state of *being*. The dolphins “do” the healing, in cooperation and cocreation with the higher self of my client. The session may be for healing, personal transformation, or both. I simply allow the love energy of the dolphins to flow through me, and I trust. At the end of the session, we share our experiences.

It’s really fun, and amazing, to witness the wide array of experiences people receive in dolphin energy healing sessions. Here are some examples.



I received a call one day from an Israeli woman who was traveling through Sedona. She saw my brochure and knew she had to have a session. She said she had a strong connection to dolphins, but hadn’t yet had the opportunity to swim with them.

During the session, I didn’t feel energy moving through me at all, which happens sometimes. I’d done enough sessions to know that this was okay. My job was to surrender and trust. I would know soon enough what my client experienced.

After the session, I left the room to get her some water. When I returned, her long, lean body was lounged in the chair, and she was laughing. I waited, curious to hear what was so funny.

Finally, she said, “Who knew I would have my first dolphin encounter in the desert?!”

She sat upright in her chair, leaned toward me with wide eyes, and was quite animated as she described the amazing journey the dolphins took her on. “It was like they took me on a tour of all of my soul’s lifetimes, on many different planets, in many different dimensions of reality. But it was different than watching a movie of my life. I relived these lives, one right after the other.”

And then they took her out into space, where she experienced the vastness of who she really is. She was thrilled. The session was profoundly healing and transformative for her.



Dolphin Love

A friend and her new husband were planning a trip to Hawaii for their honeymoon. They wanted to swim with the dolphins there.

A few days before their trip, Jill scheduled an energy session with me to prepare for her encounter with the dolphins. The energy transmission was intense from beginning to end.

At one point, in my mind's eye, I saw a group of cartoonlike animated dolphins wearing brightly colored floral aloha shirts and leis around their "necks." They were putting on a Hawaiian luau! Some were playing musical instruments and others were dancing the hula. I told Jill what I was seeing and we cracked up!

In my mind, I asked these aloha dolphins to create some magic for my friend and her new husband during their visit to the islands. Particularly, I asked that my friends would enjoy successful and nourishing dolphin swim encounters. I felt the spirit dolphins dash away, excited about this assignment. They definitely had special plans in store for these two!

At the end of the session, Jill told me that most of the energy work was focused around her head area. A lot of shifting happened in her brain. It seemed as if the dolphins were creating new neural pathways between the left and right hemispheres of her brain, among other things. Her entire body and energy field buzzed and vibrated for quite a while after the session.

She left, excited about her upcoming trip, and curious about what the dolphins would create for her and her beloved.

When they returned home, Jill phoned me and excitedly shared that they had two wonderful encounters with the dolphins while on the Big Island. What fascinated her most was what she experienced *after* her swims, when she returned to their hotel room to rest and integrate the energies she received from the dolphins.

"On both occasions, the energy that saturated my field after my dolphin swims was identical to the energy I experienced during my session with you! The quality, the intensity, and even the focal point of energy around my head ... work on my brain ... was exactly the same as what I received in my session with you. Now I *know* that this is what you do. Not that I doubted you, but the experience was identical! Now there's no question."

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David's friend Melissa called one day and told him about her efforts to become pregnant. "I've been trying for six months, I'm 37, my clock is ticking, and I'm impatient!" When David told her about my work with the dolphins, she felt intuitively that the dolphins could help her. I got on the phone with her. We talked briefly and scheduled a remote session for later that week.

During her session, Melissa could feel the dolphins working on her uterus, healing her. Two weeks later, we got the call. She was pregnant!

Several months later, we received an urgent call from Melissa. She had been in a minor car accident while vacationing on a remote island off the coast of France. She was having serious cramps and bleeding; her pregnancy was in distress. Melissa was terrified of losing the baby.

"I need your help. I need the dolphins' help!"

Immediately upon hanging up, I transmitted dolphin energy. Her distress symptoms disappeared. Melissa carried the baby to full term and gave birth to a beautiful baby boy.



Another woman who received a session cried afterward. She said that all of the fantasies she'd ever had about swimming with dolphins came true during her session.

She got to ride on the back of a dolphin. She swam by its side, cupping its dorsal fin, gliding through the water body-to-body with her magnificent dolphin mate. Two dolphins came up behind her, put their rostrums to her feet, and propelled her through the water. It was quite a ride! They gave her everything. Every dolphin interaction her heart desired was realized right there, in the privacy of her own apartment.

Are these experiences real? Are they figments of an active imagination? Who's

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to say? They were real for her. She felt worthy and loved. Her dolphin dreams came true. Her heart overflowed with joy.



Sometimes people are activated into an experience just by talking with me about dolphins. They don't need to have a session.

I met a man on a trail while climbing Cathedral Rock one day. It was early in the morning and we were the only ones there. As I approached him, I noticed he was wearing a dolphin T-shirt. I chuckled to myself. *There are no accidents!*

We introduced ourselves, and I asked him about his connection to dolphins.

He told me, rather emphatically, "I'm *not* connected to them. This shirt was a gift from my cousin. I'm just wearing it because I have it."

I smiled and told him, very briefly, about my work with the dolphins, and then offered to hike with him to the end of the trail. He had gotten stuck at the tricky part and didn't know how to proceed from there. We chatted the rest of the way, and then parted company at the top.

A few days later, I got a phone call pretty late at night from this man. He was back home in Ohio. I was surprised to hear from him and asked how he got my number.

He responded, "What did you do to me?!"

I asked him what he meant.

He went on to tell me that when he was visiting the various new age stores the afternoon of the day we met, people at the shops put my brochure into his hands twice, unsolicited. That was curious to me because I didn't even know those shops had my brochure.

What really got him, though, was the experience he had at a place called Rachel's Knoll. He was sitting on a rock looking out over the valley, when the valley began to fill up with water. It became an ocean. He saw this with his eyes open!

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Then he saw dolphins materialize. They swam in, around, and through the red rocks. He was under the water, but was able to breathe.

He said that experience lasted for about twenty minutes. He'd never had anything like that happen to him before. (Nothing like that ever happened to me!) He assured me that when he returned to Sedona, he'd be sure to have a session with me. My feeling was that he didn't need one. After our brief conversation on the trail, he received his experience directly from the dolphins!



A friend came to me for a dolphin session with a soft-tissue injury in her midback.

Kathy is clairvoyant, and it was fascinating to hear her describe what she saw during her session. She watched a team of spirit dolphins superimpose healthy tissue over her injured tissue, and intricately weave the two together. She saw the tears in her damaged tissue begin to heal. By the end of the session, her healing was well under way. She got off the table feeling strong again.

We spoke several days later, and she was very pleased. "The repairs are holding and I'm pain-free!"



Mark was the publisher of a local spiritual magazine. When he learned about my work with the dolphins, he became quite curious. He had already experienced a wide range of energy healings. The idea of dolphin energy healing was intriguing to him. He couldn't wait to experience a session!

This was one of my early sessions, when I was transmitting the energy sitting face-to-face with my clients, holding hands. Mark and I sat comfortably in our chairs, held hands, closed our eyes, and opened ourselves to the dolphins.

From the moment we held hands, I felt energy flowing strongly through me. Immediately, Mark began stroking my hands with intensity. I could feel a yearning

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in him, and it was directed toward me. As the energy flowed, he kept grasping and squeezing and stroking my hands. Clearly, he was having a highly sensual experience, and this was pushing my buttons! I had no idea what was going on for him, but it was potent, and I was becoming more than a little uncomfortable. I kept breathing and surrendering. *We're only holding hands.*



“As soon as we touched, your skin was dolphin skin instead of human skin. Where our legs touched, your skin was dolphin skin.”

After an hour of strong energy running through me, the flow came to a completion. We disconnected our hands and sat in silence. The atmosphere was thick with dolphin energy. It was a while before Mark was able to speak.

Curious to hear what happened for him, I waited. Finally, with his eyes still closed, he spoke: “As soon as we touched, your skin was dolphin skin instead of human skin. Where our legs touched, your skin was dolphin skin.”

What?

He continued, “Ancient memories from someplace deep inside came up. Memories from another lifetime ... another era. It was a deeply satisfying and fulfilling lifetime.”

After another long pause, he opened his eyes and looked at me with pure wanting. “I long for that time and that place ... for that way of being.” Emotion poured through his eyes. “I held back. Every ounce of my being wanted to embrace you, to merge with you. But I felt your resistance. I sensed you wouldn't be open to that. It was all I could do to stop myself from going there.”

He looked away and was silent. I was stunned. I didn't know what to do or say. When he resumed eye contact, his eyes bored into me. “I feel cheated. If you could have fully surrendered to the energy, it could have been amazing.”

I sat there, looking back at him, speechless.

We sat in silence while our energies and emotions swirled. He sighed a big sigh and continued. “I've always been very tactile. I'm not surprised that this experience was so sensual.”

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Leaning forward and looking deeply into my eyes, he said, “Your buttons will be pushed in this work, particularly in the area of physical sensuality. Let go,” he urged. “Allow the full magic to unfold.” Inside myself, I thought, *I’m not sure I’m ready for that!*

I left that little studio, in the heart of red rock country, shaken by what had just transpired. *I became a dolphin in that room. What is happening here?*

I bumped into Mark a few days later. He said that a surreal quality surrounded his memories of that hour we spent together, as he returned to the routine of his daily life. It caused him to wonder if what had happened between us was real, or if it was just a dream.

Which is the dream and which is real? I wondered.



Another button-pushing session came my way, this time with a woman. Darlene came to the session loaded with questions she wanted to ask the dolphins. Even though I told her, “I don’t do messages,” her questions poured forth.

Darlene was most focused on relationship at that point in her life. She said that she sensed that her soul mate was actually a dolphin currently alive on the planet and asked if that was true. A very large, strong energy began pouring into my body. It kept coming and coming and coming. This was a huge energy! I described what I was experiencing and told her, “I think that’s a YES!”

I felt the presence of a huge male dolphin inside of me. My body felt expanded well beyond the boundaries of my human form. I’d never felt a whole dolphin inside of me before. I sensed him asking me to lie down with Darlene in the spooning position—a full-body embrace, with me behind her. “*No, I’m not comfortable with that,*” was my immediate response.

The dolphin honored my decision, but I could feel his disappointment. I felt sorry to have denied him—them—that opportunity, but it just felt too weird to me. I wasn’t ready for that.

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After the session, I told Darlene what her dolphin soul mate had asked me to do. She, too, was extremely disappointed that I said no. She said that if that ever happened again, to please know that I had her full permission.

Oh, dear, here I was again, limiting a client's experience due to my own inhibitions. I felt bad that I didn't follow the energy all the way to its completion ... to its fulfillment. The dolphins were shining light on a place within me that was closed. *Apparently I have some blocks in the area of physical contact with my fellow humans.* I was being gently confronted here.



Quite a while later, fresh from my May 1998 Hawaii dolphin swim, a close friend came by for a visit.

Jeanne took one look at me and said, "I want what you have, Linda! I want that glow!"

She booked a series of three sessions.

By now, I was having clients lie on my massage table, as the energy was too strong to transmit just through the hands. Two clients in a row told me, during their sessions, that their hands were hurting from the energy. That's when I knew that my body's energy channels had opened significantly, and more energy was flowing through me than in the beginning. It was time to change how I was facilitating the sessions.

During Jeanne's first session, I felt the dolphin energy emanating from my whole body, not just from my hands and heart space like before. When I noticed that, I sensed a suggestion to lie with her on the table—in the spooning position—so that her whole body could receive the energy that was emanating from my whole body. *Not again.* But I also was aware that I was only mildly uncomfortable with the idea this time.

The prompting kept coming, and gradually I let myself open to the idea. The moment came when I felt ready to take the risk, probably because she was a close

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and trusted friend. I took a deep breath and told Jeanne what was being suggested. She was open to it.

I climbed onto the table and we assumed the spooning position—I've also heard it called "nurturing pose." We lay on our sides, both facing the same direction, with me behind her. I focused on matching her breath. Gently, her body's energy came into harmony and resonance with mine. The dolphin energy flowed fluidly between us. It was a blissful experience! We were both deeply nourished by that intimate sharing.

This request was repeated during her second session, and we complied again. The results were the same. Both Jeanne and I were deeply nourished, on all levels, by sharing the energy in that way.



A woman came for an in-person session. For me, this session was like all the others. I opened myself to allow dolphin energy to flow through, and remained empty in the silence and stillness throughout the session. When the session was over, this woman didn't say much, and she seemed to be in a hurry to leave. She didn't look me in the eyes as she left, either, which seemed odd.

A couple of days later, she phoned me to say that she felt that the energy that came in during the session "wasn't of the light."

"Really?" I replied.

I'd never had anyone say anything like that before. I asked her to describe her experience in more detail, and she just said that she felt that the energy wasn't pure, and it wasn't of the light. She couldn't say any more than that. I thanked her, sincerely, for having the courage to tell me this, instead of not communicating with me at all. The only thing I could think to do was to give her money back. She accepted the refund.

When we hung up, I was puzzled and curious. The energy of the session felt pure to me—it was the same energy that always comes through. I replayed the ses-

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sion in my mind to see if I'd done anything differently, or if my personal energy was off balance in any way. I was not able to identify anything that would have given this woman that impression.

There was nothing more for me to do. I trust the dolphins deeply, and I was satisfied that I hadn't done anything "wrong." I let it go.

Eighteen months later, I was very surprised to receive an e-mail from this woman. The first words of her message were "I owe you an apology." She had just returned from swimming with wild dolphins. "The energy that I felt in the presence of the dolphins was the same energy I felt during the session with you. But it was unfamiliar to me then, because it's an *impersonal* love. I'd never experienced that before. I wanted to let you know."

I thanked her for sharing her discovery with me, and I completely understood how she could have had that experience. Most of us humans think of love as the human emotion. The love the dolphins bring is a higher love—Divine Love. It may evoke emotion, but the love itself is beyond emotion, beyond the personality. It's a state, a frequency—a space. And it's not personal. It's all-encompassing. It just *is*. This love can indeed feel strange and foreign when we first encounter it. It's not what we're used to—and it may not be what we thought we were looking for.

I was happy that the matter resolved for her in such a beautiful way. And I acknowledged myself for staying in 100% trust of the dolphins, and myself, in the face of her earlier response to the session!



A handsome, distinguished gentleman phoned me for a session one day. I had just recently met Ulf and his wife, Beverly. They're a lovely couple, and were both fascinated to hear my dolphin story. When I arrived at their home for Ulf's session, I asked if he had a specific intention.

"I want to feel the Presence of God," he said.

Okay. I swallowed, and continued to listen.

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“I’ve followed *A Course in Miracles* for over twenty years now. I’ve done all of the practices diligently. I’ve read the book over and over. I’ve read about God. I know that God exists, and I know other people who have experienced God. But I never have. More than anything, I want to know—to *feel*—God.”

I was profoundly touched by this man’s honesty, openness, and vulnerability. I’d had the extraordinary privilege of witnessing precisely that—the Presence of God entering into a session—a couple of times. So I knew that what he was asking for was possible.

I began the session at Ulf’s head. I went inside, entered into the silence and stillness, and opened myself to be the vehicle for whatever was for this man’s highest and greatest good. I consciously let go of any ideas or expectations that I may have been holding for Ulf’s session. I became empty.

The energy streamed through me, and this precious man on my table began to talk ... and talk ... and talk. His arms and hands were flying through the air. I didn’t know what to do. Usually my sessions are conducted in silence. I let him talk, but I had to keep my eyes open, and keep my own hands moving, to avoid a midair collision!

Five minutes pass, he’s still talking. Ten minutes pass, he’s still talking. *I’ll move down to his feet—leave the close proximity of his head and face area—perhaps then he’ll stop talking.*

I moved to the foot of the massage table and gently held his feet. I remained silent. He kept talking ... until he stopped. When all fell silent, the room was full ... of Presence ... the Presence of God. He cried. I cried. What we shared together, in that moment, cannot be described in words. It was a holy moment.

When the session was over, we sat together in silence. We basked in the afterglow of God’s Presence, each immersed in our own thoughts and feelings. Neither of us wished to break the spell by speaking.

I was feeling deep intimacy and sacredness in our connection as we said our goodbyes. Ulf expressed his immense gratitude as best he could in words. The

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words were one thing, but the eye contact that passed between us as he held me before him, placed his hands on my arms, and squeezed, as if he didn't want to let go, was altogether something else.

When I got into my car to drive home, I burst into intense tears. I cried most of the way home. I kept thinking to myself, *I am so incredibly blessed to bear witness to such events in people's lives. Thank you, dolphins, for coming into my life. I can't imagine doing anything else with my life than sharing your profound love with my fellow humans.*



After this session, I didn't hear from Ulf for years. And then just recently, I learned that this beautiful man had passed away, which brought Beverly and me into e-mail communication again. I shared this story with her, and she sent me this message:

Linda,

What a lovely, blessed experience! I'm so grateful that you shared it with me. The strange thing is, Ulf was usually more reserved. The fact that he was talking so expressively was unusual. It tells me he how much he wanted to connect with God, but not sure how. Interestingly enough, this was a peek into his last years that I wrote about. Maybe you started something!! Being verbose, then silent, provided that wonderful contrast that amplified the experience.

By the way, instead of older gentleman, you might say 'distinguished' :-}} After all, Ulf was a Swedish Count! He had very formal training in boarding schools. It would suggest that anyone, even nobility, can benefit from your sessions! :-}}}} Coming to Sedona, and meeting folks like you, opened him up to these unusual experiences. Ulf loved nature and animals more than anything. That's why he was comfortable with you.

Dolphin Energy Healing



The dolphins never cease to amaze me—their generosity of spirit, their wisdom and grace, and their profound love, compassion, and healing.

This kind of healing work is perfect for me. I need adventure and diversity in my life, or I get restless and bored. I have never gotten bored sharing dolphin energy! So much happens in these sessions, I'm fascinated by each person's experiences. I've learned so much about the nature of energy, and how quickly and easily energy transmutes and transforms. When a person is truly open to receive, and able to let go of preconceived ideas and limiting beliefs about what's possible, beautiful, amazing things happen.

And I made a great discovery early on. When I facilitate a session for someone else, I receive increased dolphin energy for my own healing too! More dolphin energy flows through me during a session than I receive on my own in meditation. Facilitating sessions for others opens my own energy channels, clears stagnant energy blocks from my system, and expands me so that progressively more and more dolphin energy can flow through. I am really grateful that my clients receive so much during their sessions, because I do too!



People can learn a lot from dolphins ...
to live in harmony, to create love between people,
to live the life they were meant to live.
When people come into contact with dolphin energy,
they realize their source ...
and their future.





Unity-Community

This book has told the story of Linda's seven-year journey with the dolphins that led to her awakening, and to the founding of Dolphin Healing HeArts ... *A Gateway to the New Paradigm*. Now, this is no longer just Linda's story ... it's humanity's story. Here, podmates reflect on their Dolphin School experiences:



The power, joy, and love that the dolphins allowed me to experience in my own energy field was beyond overwhelming. It allowed me to feel the dolphins' flow, dance, shine, and sparkle throughout each and every cell, fiber, and part of my being in an electronic sea of light and love, bringing great joy to my soul. Thanks for making this possible. ~ Fred F, Florida



I remember feeling completely safe during the school and able to share anything that I felt inside with Linda, David, and my podmates. It truly was a pod experience of complete transparency. It is hard to describe how my life has changed. One very huge way is this: No matter what is happening in my life,

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I never feel alone. I feel the dolphins with me always, and anytime I need support, I just have to mentally call them and I feel them with me, supporting me. Recently a short film producer commented to me, “We want your calm, wise energy as part of our crew. You bring a peaceful joy wherever you go.”

~ Anne G., Panama



Since I am attending Dolphin School, there is this true, sparkling, joyful hope that fills my heart over and over again. It is beyond hope—it is a true, deep conviction that together with the dolphins, we really can take part in the co-creation of a New Earth for humanity and all other creatures living on this planet. *And it is simply starting within our own deepest self! Connecting with our own deepest joy!* For me, as a laughter coach, who invites people to reach out to their inner joy through laughter, joy, and playfulness, the Dolphin Healing HeArts school was the perfect next step in my life! ~ Leen G., Belgium



What an incredible weekend! I didn't get an opportunity to express my gratitude and profound wonder for what you have given us. It still seems like a miracle that I was ever able to find you in the first place, and now, a year-and-a-half later, our pod has just received its sixth and final Attunement! Thank you for your love, your light, your devotion, your ability to see each and every one of us for our unique individuality, your unwavering focus and intention, your beauty and joy, and your integrity. ~ Deni B., California



It still is a complete mystery, but I feel it is also a total gift. When I first began Dolphin School, one of my biggest intentions was to come closer to myself so that I could better give to the world and in my massage practice. I've come to the insight that this school is bringing me closer to myself—and that *that is enough*. The world and serving others comes after that. I think I've waited lifetimes for that insight! ~ Maegan G., Berlin, Germany

Unity-Community

To me, swimming through the Dolphin School was a very special, valuable experience—a great gift, and still is, and always will be. The Dolphin School felt to me as a warm welcome, a homecoming. Truly being together with kindred persons felt like a warm loving shower, and now after three years, my contacts with podmates are still important to me. Now, when I look at the past few years, I really can say that the things I learned within the Dolphin School I use and apply in my daily life. It empowered me. ~ Ellen O., Netherlands



The dolphins are masters at teaching us how to energetically hold space so we can fully embody the highest spiritual energy we are ready for. I have the deepest gratitude for them. They have helped me to remain in my body as I am one with the energy of Whale, Christ, and Buddha. Within the last month, I have recognized deeper, and can hold the presence of God's Love as it pours through my heart. I am honored to know that I am “worthy” and can stand in that. It's been such a blessing! ~ Eric E., California



I resisted the call of the dolphins for quite some time, but I certainly remember the feeling of joy and happiness when I answered the call. The first weekend of the Dolphin School was like coming home for me, and I was on the verge of tears almost the whole weekend. I felt homesick, and I wanted to be a dolphin. Now I can't imagine a life without the dolphins and the whales. They are guiding and accompanying me. ~ Emmy V., Netherlands



To connect with Linda and learn more, visit:

www.dolphinheartworld.com



Are the Dolphins calling You?



About the Author

Linda Shay is a Dolphin Ambassador who travels internationally in her mission to bring the gifts of the dolphins ... from sea to land. Linda does this through her teaching, healing, speaking, and writing. Linda is the founder and teacher of *Dolphin Healing HeArts ... A Gateway to the New Paradigm*, a revolutionary spiritual school, affectionately known as “Dolphin School.”

After leaving her corporate job behind, Linda found herself on a spiritual journey that led to a momentous event in her life. While in Hawaii, swimming with a pod of wild spinner dolphins, Linda had a magical encounter with one wild dolphin that set her life on a radically different course. Her true-life spiritual adventure story, that takes place both in the high desert of Arizona and in the Hawaiian waters swimming among wild dolphins, is contained in these pages.

Linda lives with her husband, David Rosenthal, and their two cats, Tyler and Cinnamon-Girl, in the Sedona, Arizona area. A true human-dolphin, Linda is always exploring new ways of living and being in body on this planet. Her current passion is walking, and running ... barefoot! ... on the land. Being in skin-to-skin contact with Mother Earth in this way brings Linda great JOY!

Are the Dolphins calling You?

“As I move through my new life, every aspect of it feels new. When I try to access who I was before my awakening, it feels as though that Linda, and that life, aren't real. The past feels dreamlike—vague, illusory. I have memories from that life, but they don't define me. They don't inform my current decisions and actions. They're just stories. That Linda, and that life, no longer exist.

“Now there's a vibrancy and vitality to my life that didn't exist before. Not only am I brand new ... the world that I'm living in is also brand new. I, and others around me, absolutely feel the frequency of the dolphins flowing through me.”

Love Heals. Joy Transforms. Dolphins are Pure Love & Joy!

“Dolphin Love is a spellbinding adventure of personal growth and transformation. Through a deep and enduring relationship with dolphins, Linda finds her life changed in ways that are unimaginable and delightful. Dolphin Love opened my heart in new and profound ways, rekindling my longing for oneness and expanding my vision and understanding of these amazing beings. This journey into the world of human/dolphin relations demonstrates that dolphins can be a path to spiritual awakening. It's time to dive in!” – **Mary J. Getten**, Marine Naturalist, Animal Communicator, and author of *Communicating with Orcas: The Whales' Perspective*



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Dancing Seas Media

ISBN 978-0-9847431-0-0

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