Hello, my name is Linda Shay. I am the founder and CEO of Dolphin Heart World, and the author of Dolphin Love ... From Sea to Land. It is a privilege and a joy for me to share the beautiful healing frequencies of the dolphins with my beloved human family on land. The following pages provide an introduction to the two types of personal sessions I offer ~ Dolphin Energy Sessions and Personal Journey Sessions. I look forward to sharing a session with you soon!

What is Dolphin Energy?

Dolphin Energy is ... the frequency of Joy

of Movement

of Creating Flow ...

flow of Love

flow of Abundance

an Opening of the Heart

... as never before!
What is **Dolphin Energy Healing**?

- Dolphin Energy Healing is a deeply respectful, highly advanced form of spiritual energy healing performed by the Dolphin Consciousness, (affectionately known as “Dolphin”), and facilitated by me, or by one of the many Dolphin Energy Practitioners I have personally trained and certified.

- Dolphin Energy Healing is not about fixing something that is wrong. It is about **nurturing the wholeness that already exists within**, and bringing that wholeness to the surface.

- You will receive the same energy that you would receive if you were **swimming with the dolphins physically** … and often more!

- Sessions can be performed **in person** or **at a distance** (by telephone or Skype).

What Can I Expect From a **Dolphin Energy Healing Session**?

- **Heart-healing** ~ Do you want your heart to be more healed and whole? More open? Do you want more love in your life?

  > “It is our desire to heal the hearts of humanity – all of humanity.” -Dolphin

  Heart healing is an area of specialty of the dolphins – both the physical heart and the spiritual heart. As our hearts heal and become more whole, we are better able to give and receive love in our lives, starting with ourselves. Your entire quality of life will improve when your heart is more healed and whole.

- **Fill Your Cup!** ~ Are you feeling overwhelmed, depleted, directionless, depressed?

  Fill your cup with Dolphin love, joy, insight, and inspiration. Dolphins hold the vision of a JOYful and LOVE-filled life for all of us. If you’re not living in Love and Joy much of the time, Dolphin would love to support you in filling you up and raising your frequency, so that you attract more of what you want into your life.

- **Whole Being Healing** ~ Are you seeking the return to health, well-being, and wholeness on the physical level? emotional? mental? spiritual? All of the above?

  Dolphins are master healers. They don’t work in a linear way, on one issue or one area at a time. The dolphins are holographic and multi-dimensional. They are able to make adjustments on multiple levels simultaneously. The more open you are, and the more permission you give, the more they can do in a single session.

- **Whole Brain Functioning** ~ Throughout the 15+ years I have spent sharing Dolphin Energy Healing with my fellow humans, I’ve noticed that they work a lot on our brains. A term I often hear, during a session of this nature, is “whole brain functioning.”
• **Transformation** ~ The very first teaching I received from Dolphin was: “Love Heals. Joy Transforms!” The frequency of Joy is a transforming engine. Joy raises your base frequency and elevates your awareness to a higher state of being. From this higher state of consciousness, perceptions shift in a heartbeat, and transformation occurs quickly and easily. Dolphin Energy Sessions are deeply transformative!

Receiving a **Dolphin Energy Session** is a wonderful way to begin your journey with the dolphins!

**Dolphin Energy Session** ~ 1 hour ~ $133

**What Can I Expect from a Personal Journey Session?**

Consider this a **Dolphin Energy Session Plus!** Dolphin has told me that there are a number of you who would love to further your journey along this path with me in a more personal way – to receive individualized attention and mentoring.

These sessions are guided and customized just for you, and they’re more interactive. They include extensive personal interaction with me, as well as a full Dolphin Energy Session. While Dolphin is still the predominant spiritual presence in these sessions, other beings join in as well, depending upon what your soul calls in.

A **Personal Journey Session** may be for you if:

- You’re ready for a significant shift in your life. You’re feeling stuck or held back by old patterns and limiting beliefs that no longer serve you. These sessions are a powerful catalyst for change.
- You’re ready to open, or expand, to a new level of expression of your spiritual gifts in the world.
- You would like access to the wisdom and learnings I’ve received from Dolphin, as they pertain to your unique situation.

Here are some ways **Personal Journey Sessions** differ from **Dolphin Energy Sessions**:

- **The energy of Ocean** is an active participant in these sessions, bringing her powerful healing qualities of cleansing, purifying, harmonizing, balancing, and flow. In these sessions, the synergistic dance between Ocean and Dolphin is profound and magical.
- My whole body is fully engaged in these sessions. These sessions generally begin by my body channeling your body. Through whole-body movement and sound, a massive amount of releasing and letting go of old, stuck, sticky energies occurs, quickly.
- Your soul song may come through, deepening your connection with your own soul!
- Often, messages come through in these sessions – from Dolphin, other spiritual sources, or your soul.
**Personal Journey Session** ~ 1 ¼ hour + follow-up 20-minute phone call 2 weeks later ~ $188
I will record your session, so that you can listen to it again later. Many clients have told me that listening to their session up to 3 additional times brings much additional value and benefit to their healing experience!
Within a few days after your session, I’ll send you a link where you can download the MP3 file of your session recording.

**How Do I Choose?**
By now, you probably already have a clear feeling for which of these sessions is your next step. Ultimately, it’s an intuitive choice. You are unique, and your situation is unique. If you’re feeling attracted – or guided – to receiving a session and you don’t have a clear sense of which session is best for you, you’re welcome to e-mail me, or call me, to talk it over.

**How Do I Schedule a Session?**
It’s easy! Go to the Services page on our website, which will walk you through making your payment, scheduling your session, and downloading the pre-session tip sheet.

*Thank you for your interest in the gifts I have to offer!* I look forward to sharing the beautiful healing frequenseas of my beloved dolphin family with you.

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**Radiant Blessings!**

*Linda Shay*
Your Dolphin Ambassador of Love & JOY

*Dolphin Heart World, Inc.*

*Dolphins are Pure Love and Joy!*

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